

Early Help Assessment (EHA)



The EHA is a family friendly request for support bringing services together to look at what each service can provide to get the best outcomes for you and your family i.e. Budgeting Money/Debt, extra support with your child's development such as Wellcomm Screening which goes towards the speech and language therapist, behaviour management etc.

If you have any questions we will try to help. Please call in for one of our outreach workers at our centres.

Sensory Room

To support learning using all the senses.
To support Social and Emotional development.
For relaxation, fun and enjoyment
In a safe and secure environment.

**Morning & Afternoon sessions available
Monday to Friday**

To book ring Reception on 0161 219 6064

Antenatal Clinic

All antenatal Clinics are by appointment only. To register your pregnancy or self-referral for midwifery care please use the QR on back page or visit <https://mft.nhs.uk/saint-marys/services/maternity-services-obstetrics/you-have-just-found-out-you-are-pregnant/> and complete the self-referral form.

| | |
|-----------------|--------------------|
| Charlestown | Tuesday, Thursday |
| Harpurhey | Tuesday, Wednesday |
| Higher Blackley | Monday, Wednesday |



Parent Panel Meeting

This meeting is where parents meet with outreach workers to discuss the activities and services at the centres what they would like to see and how they may be able to help.

The information is then shared with the Advisory/Partnership Board Parents and carers are welcomed at these meetings to meet the partner agencies who deliver services in the centres. This is an opportunity for parents to listen and / or contribute to the discussions.

Please contact Outreach Team on 0161 234 3000 for Dates.

Employment and Benefit Advice

For support in Employment and benefit advice from North Manchester Community Partnership Please call Centre Assistant or an Outreach Worker at one of our centres to book an appointment.

Courses on offer

Is English your second language?

Courses available in your neighbourhood are.

ESOL Steppingstone - for Mums new to English bring your baby along.

Talk English - will help Parents and Carers improve their speaking, listening.

MAES Family Language - will help Parents and Carers improve their reading and writing skills.

CAPS Incredible Years Courses - Talk about what it means to be a Parent and discuss ways of improving your relationship with your child.

CAPS Baby and Me Group - Some simple, gentle and playful activities to help you get to know your baby and to help connect with your baby.

REAL - School readiness intervention. Home based literacy learning to improve your child's Early Literacy alongside the parent.

If you are interested in any of the additional activities or training, please contact an outreach worker at one of our centres.

Lending Library

Take a book, return it, or leave another book in its place!

Available at Harpurhey Sure Start Centre

Harpurhey, Higher Blackley and Charlestown

SureStart

Harpurhey Sure start Children's Centre

North City Family and Fitness Centre
Upper Conran Street
Harpurhey
M9 4DA
0161 219 6064



Hr Blackley Sure Start Children's Centre

160 Victoria Avenue
Higher Blackley
M9 0RN
0161 227 3636



















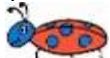
Charlestown Sure Start Centre

21 Colmore Drive
Charlestown
M9 7GB
0161 795 7670



Welcome to Sure Start Children's Centres. Outreach workers work in the centres and in the community to help parents/carers with children under five to know about and access the services available.

If you have not been to the centre before call to speak to an outreach worker at your local centre, where you will be given information that may be useful to you.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|
| <p>Charlestown 10am-11am Baby Caterpillars (Non walkers) Please ring Charlestown Sure Start Centre on Fridays to book a place. 0161 795 7670</p>  | <p>Higher Blackley 9.30am-11am Healthy Child Drop in (0-4yrs) At Plant Hill Clinic</p>  | <p>Higher Blackley 10am-11am Baby Caterpillars (Non walkers) Please ring Higher Blackley Sure Start Centre on Tuesdays to book a place. 0161 227 3636</p>  | <p>Harpurhey 9.30am-10.30am Doodle Bugs (Soft play) 2 years and over Please ring Harpurhey Sure Start Centre on Wednesdays to book a place. 0161 219 6064</p>  | <p>Harpurhey 9.30am-12pm Talk English Beginners Conversation Club. Drop in at Harpurhey Sure Start Centre</p> |
| <p>Charlestown 9.30am-11am Healthy Child drop in (0-4yrs) At Charlestown Clinic</p>  | <p>Harpurhey 10.30am-13.30pm 4B Assessments (18-month Development check) By appointment only at Harpurhey Sure Start Centre</p>  | <p>Harpurhey 10.30am-11.30pm Baby Caterpillars (Non walkers) Please ring Harpurhey Sure Start Centre on Tuesdays to book a place. 0161 219 6064</p>  | <p>Charlestown 1:15pm-2:15pm Doodle Bugs Play session 2 years and over. Please ring Charlestown Sure Start Centre on Wednesdays to book a place. 0161 795 7670</p>  | <p>Charlestown 10am-11am Busy Bee's Messy stay and play. Confident walkers 1 – 2 years old Please ring Charlestown Sure Start on Thursdays to book a place. 0161 795 7670</p>  |
| <p>Charlestown 9am-11.30am Childminder drop-in play session A fun play and stay session for our local community childminders.</p>  | <p>North City Library 11am-1130am Story Time – Under 5s Rochdale Road Harpurhey M9 4AF 0161 219 6442</p>  | <p>Higher Blackley 1pm-2pm Busy Bee's Messy stay and play. Confident walkers 1 – 2 years old Please ring Higher Blackley Sure Start Centre on Wednesdays to book a place. 0161 227 3636</p>  | <p>Harpurhey 1pm-2.30pm Healthy Child Drop in (0-4yrs) At Harpurhey Sure Start Centre</p>  | <p>Charlestown 10am-12pm 4B Assessments (18mth Development check) By appointment only</p>  |
| <p>Harpurhey 1pm-2pm Busy Bee's (Soft play) Confident walkers 1 – 2 years old Please ring Harpurhey Sure Start Centre on Fridays to book a place. 0161 219 6064</p>  | | | | <p>Avenue Library and Learning Centre 11am-1130am Story Time – Under 5s Victoria Avenue East Blackley M9 6HW 0161 219 2393</p>  <p>Higher Blackley 1pm-2pm Doodle Bugs Play session 2 years and over. Please ring Higher Blackley Sure Start Centre on Thursdays to book a place. 0161 227 3636</p>  |