

## Early Help Assessment (EHA)



The EHA is a family friendly request for support bringing services together to look at what each service can provide to get the best outcomes for you and your family i.e. Budgeting Money/Debt, extra support with your child's development such as Wellcomm Screening which goes towards the speech and language therapist, behaviour management etc.

If you have any questions we will try to help. Please call in for one of our outreach workers at our centres.

### Sensory Room

To support learning using all the senses.  
To support Social and Emotional development.  
For relaxation, fun and enjoyment  
In a safe and secure environment.

**Morning & Afternoon sessions available**

**Monday to Friday**

To book ring Reception on  
0161 219 6064

### Lending Library

Take a book, return it, or leave another book in its place, story sacks must be signed out and returned!

**Available at Woodville and Crumpsall Sure Start Centres.**

### Antenatal Clinic

All antenatal Clinics are by appointment only. To register your pregnancy or self-referral for midwifery care please use the QR on back page or visit <https://mft.nhs.uk/saint-marys/services/maternity-services-obstetrics/you-have-just-found-out-you-are-pregnant/> and complete the self-referral form.



## Parent Panel Meeting

This meeting is where parents meet with outreach workers to discuss the activities and services at the centres what they would like to see and how they may be able to help.

The information is then shared with the Advisory/Partnership Board Parents and carers are welcomed at these meetings to meet the partner agencies who deliver services in the centres. This is an opportunity for parents to listen and / or contribute to the discussions.

Please contact Outreach Team on 0161 234 3000 for Dates.

### Employment and Benefit Advice

For support in Employment and benefit advice from North Manchester Community Partnership Please call Centre Assistant or an Outreach Worker at one of our centres to book an appointment.

### Courses on offer

Is English your second language?

Courses available in your neighbourhood are.

**ESOL Steppingstone** - for Mums new to English bring your baby along.

**Talk English** - will help Parents and Carers improve their speaking, listening.

**MAES Family Language** - will help Parents and Carers improve their reading and writing skills.

**CAPS Incredible Years Courses** - Talk about what it means to be a Parent and discuss ways of improving your relationship with your child.

**CAPS Baby and Me Group** - Some simple, gentle and playful activities to help you get to know your baby and to help connect with your baby.

**REAL** - School readiness intervention. Home based literacy learning to improve your child's Early Literacy alongside the parent.

If you are interested in any of the additional activities or training, please contact an outreach worker at one of our centres.

**Dad Matters** - The Dad Matters coordinator will be running dad drop ins, walk and talks and a dads only antenatal class from the Woodville centre. If you are interested, please email:

[Matthew.gill@homestartmcr.org.uk](mailto:Matthew.gill@homestartmcr.org.uk) for more information.

## Woodville and Crumpsall



### Woodville Family Hub

Shirley Road

M8 ONE

Tel 0161 234 3000



### Crumpsall Sure Start Children's Centre

1 Cromhurst Street




















M8 5FN

0161 740 3077



Welcome to Sure Start Children's Centres. Outreach workers work in the centres and in the community to help parents/carers with children under five to know about and access the services available.

If you have not been to the centre before call to speak to an outreach worker at your local centre, where you will be given information that may be useful to you.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Woodville</b> 9.25am – 2.55pm</p> <p><b>Birth Registrations</b> (Appointments Only)</p> <p>Use link to book online at <a href="http://Manchester.gov.uk/birth-registration">Manchester.gov.uk/birth registration</a></p> 	<p><b>Crumpsall</b> 10am-11am</p> <p><b>Baby Caterpillars (non-mobile)</b></p> <p>Please ring Crumpsall Sure Start on Mondays to book a place <b>0161 740 3077</b></p> 	<p><b>Woodville</b> 10am-12pm</p> <p><b>MAES Talk English</b></p> <p>Booking required <b>0161 234 3000</b></p> 	<p><b>Woodville</b> 9am-12pm</p> <p><b>MAES Talk English</b></p> <p>Booking required <b>0161 234 3000</b></p> 	<p><b>Woodville</b> 9:30am-4pm</p> <p><b>Manchester Parent Champions</b> </p> <p>SEND advice and sign posting session. Booking required please ring <b>0161 234 3000</b></p>
<p><b>Woodville</b> 9:30am-12pm</p> <p><b>Childminder drop-in play session</b></p> <p>A fun play and stay session for our local community childminders.</p> 	<p><b>Abraham Moss Library</b> 11am-1130am</p> <p><b>Story Time – Under 5s</b></p> <p>Crescent Road Crumpsall, M8 5UF <b>0161 227 3777</b></p> 	<p><b>Woodville</b> 10am-12pm (fortnightly)</p> <p><b>Shelter (appointment only)</b></p> <p>Ring the Outreach team to book <b>0161 234 3000</b></p> 	<p><b>Woodville</b> 9.30am-10:45am</p> <p><b>Healthy Child drop in (0-4yr)</b></p> <p>Weigh and measure</p> 	<p><b>Woodville</b> 10am-12pm</p> <p><b>4B Assessments (18mth Development check)</b></p> <p>By appointment only</p> 
<p><b>Woodville</b> 10am-11am</p> <p><b>Busy Bee's session (Soft play)</b> 12months- 23months</p> <p>Please ring on Friday to book a place <b>0161 234 3000</b></p> 	<p><b>Woodville</b> 1pm-3pm</p> <p><b>Bumps To Babies</b></p> <p>Sessions for those over 24 weeks, preparing for your baby's arrival. To book please ring <b>0161 234 3000</b></p> 	<p><b>Crumpsall</b> 10am-11:15am</p> <p><b>Healthy Child drop in (0-4yr)</b></p> <p>Weigh and measure</p> 	<p><b>Crumpsall</b> 11:00am-12:00pm</p> <p><b>Busy Bee's Play and stay session for 1yr-2yr</b></p> <p>Please ring on Wednesday to book <b>0161 740 3077</b></p> 	<p><b>Woodville</b> 1:30pm-3:30pm</p> <p><b>Infant feeding team clinic</b></p> <p>To book an appointment please ring <b>0161 741 2043</b></p> 
	<p><b>Crumpsall</b> 1pm – 2pm</p> <p><b>Doodle Bugs Physical activities for 2 years and over.</b></p> <p>Please ring on Monday to book <b>0161 740 3077</b></p> 	<p><b>Woodville</b> 1-3pm</p> <p><b>MAES Adult Learning</b></p> <p>Course will change termly. For more information please call <b>0161 234 3000</b></p> 	<p><b>Woodville</b> 1pm- 2pm</p> <p><b>Baby Caterpillars session (Baby sensory)</b></p> <p>Please ring Wednesday morning to book a place <b>0161 234 3000</b></p> 	<p><b>Crumpsall</b> 1.00pm-1.45pm</p> <p><b>ESOL Steppingstones a beginners English Course for Mums with non-mobile babies</b></p> <p>Please ring to book <b>0161 740 3077</b></p> 
				<p><b>Woodville</b> 1.30pm-2.30pm</p> <p><b>Doodle bugs session (play and stay session)</b></p> <p>Please ring on Thursday to book a place <b>0161 234 3000</b></p> 