

## St. Dunstan's R.C. Primary School

### Children's Anti-Bullying Policy

**"We journey with Jesus beside us."**

This means -

- We have the encouragement and strength we need to achieve our goals and make good choices (Article 29)
- We make everyone feel appreciated and treat each other with kindness and respect
- We love God and others and know God's love for us is everlasting

**St Dunstan's is a Rights Respecting School. Our School Council decided that our anti bullying policy should reflect the rights listed in the UN Convention on the Rights of the Child, particularly the following articles:**

**Article 3:** All adults should do what is best for the child.

**Article 12:** Every child has the right to give their opinion and for adults to listen and take it seriously.

**Article 14:** Every child has the right to choose their own religion and beliefs.

**Article 16:** Every child has the right to privacy.

**Article 17:** Every child has the right to get information that is important to their well-being.

**Article 19:** Every child has the right to be protected from being hurt or mistreated in body or mind.

**Article 28:** Every child has the right to a good quality education.

**Article 29:** Every child's education should help them use and develop their talents and abilities. It should help them to learn to live peacefully and protect other people.

**Article 30:** Every child has the right to practise their own culture, language or religion.

**Article 31:** Every child has the right to play and rest.

**Article 37:** No one is allowed to punish a child in a cruel or hurtful way

**Article 39:** Every child has the right to help if they have been hurt or badly treated.

At our school, the well-being and safety of our children is the most important thing.

We will not ignore bullying in our school and we know that we will be listened to if we report an incident to a trusted adult ( Article 12)

We want to help the children to experience and show God's love. We believe God made everyone different and special. At St Dunstan's we all promise to treat bullying seriously.

At St Dunstan's we believe that the positive and kind things we do can stop hurtful behaviour in its tracks. We believe that starting the day with a welcoming word to our teachers and friends will help us to have a good day  
We know that we are all unique and we celebrate this at St Dunstan's. We want to respect each other's individuality and spread kindness so that we can prevent bullying behaviour.

## What is bullying?

We discussed that everyone makes mistakes/jokes and will be forgiven but this does not mean it is bullying. We like to use this picture below to help us decide whether or not someone is being bullied.

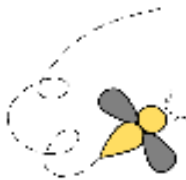


### Is it Bullying?



When someone says or does something unintentionally hurtful and they do it once.

**That's RUDE**



When someone says or does something intentionally hurtful and they do it once.

**That's MEAN**



When someone says or does something intentionally hurtful and they keep doing it even when you tell them to stop or show them that you're upset.

**That's BULLYING**

[www.elsa-support.co.uk](http://www.elsa-support.co.uk)



We decided it is NOT bullying if it is an accident, it is a one off or if you fall out with a friend over a minor issue.

In our school, a bully is someone who hurts someone on purpose by using behaviour which is meant to hurt, frighten or upset another person... (Article 19)

**S**EVERAL **T**IMES **O**N **P**URPOSE



This could be name calling, physical hurting or threatening to hurt someone, spreading unpleasant stories about someone or making someone feel like they are on their own.

Here are some examples of bullying behaviour, remember these have to be done repeatedly to a person from another person or group of people:

**Emotional:** Hurting people's feelings, leaving someone out on purpose, being bossed about.

**Physical:** Punching, kicking, spitting, hitting, pushing, slapping, biting, fighting, using force, throwing objects.

**Homophobic:** Calling someone gay

**Through a 3rd person:** Sending a friend with horrid messages/ notes, gossiping

**Verbal:** Being teased, name calling or using our hands to make unkind gestures, swearing, asking uncomfortable questions

**Racist:** Calling names because of the colour of someone's skin

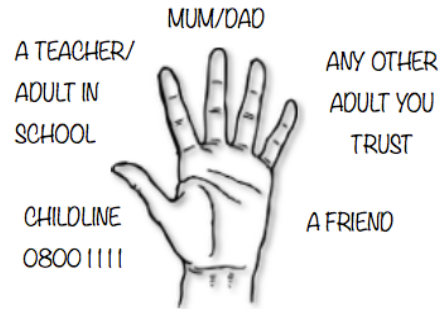
**Cyber:** Bullying through social media, texts or emails, sending pictures (Articles 16 and 17)

**Religious:** Bullying about faith/beliefs (Article 14)



# What should I do if I'm getting bullied?

**S**TART  
**T**ELLING  
**O**TH  
**P**EOPLE



**YOUR HELPING HAND**

DO	DON'T
<ul style="list-style-type: none"> <li>✓ Use eye contact and tell them to stop.</li> <li>✓ Remember, it is NOT your fault!</li> <li>✓ Tell someone e.g. a teacher</li> <li>✓ Speak to childline (Article 17 access to information)</li> </ul>	<ul style="list-style-type: none"> <li>▪ Do what they say</li> <li>▪ Get angry</li> <li>▪ Hit them back</li> <li>▪ Keep it to yourself</li> </ul>



## What will I do if I see someone else getting bullied?

- Don't walk away and ignore the bullying
- Don't join in with the bullying



behaviour if the bully asks

- Don't copy the behaviour
- Report the bully and the incident to your teacher/deputy head or head teacher or another trusted adult.-
- Tell the bully to STOP if it is safe to do so
- Don't stay silent or the bullying will keep happening

## What will our school do to **S.T.O.P.** bullying?

We want our school to make everyone feel happy to allow them to enjoy their right to play (Article 31) and learn (Article 28) in a safe environment. Bullying can make people feel frightened and unhappy. To deal with bullying in our school we will help everyone in accordance with our Gospel values to:

- Get on together and respect and understand each other (Article 13)
- To appreciate that everyone has the right to be an individual because God made us all different, all equal
- Use our classroom check in system and hold regular circle time to address fears and anxieties.
- Educate ourselves about bullying and the impact of it through PSHE lessons and Anti-Bullying week
- Have a school council for children to talk to.
- Do regular classwork on cyber bullying and internet safety
- Work with other agencies including NSPCC and Manchester Healthy Schools.

# School Procedure

- The class teacher will investigate and record any incidents of bullying as well as any other adults including lunchtime organisers during playtime
- Lunch time organisers will report any incidents of bullying outside of the classroom to the teacher and they will monitor the children.
- The class teacher will tell the deputy head or head teacher and pass on a copy of the report
- Head teacher or Deputy Head teacher will investigate if there is a recurrence
- Where incidents are proven all parents will be told and asked to support any action taken by the school.

This child friendly policy is reviewed by children and staff annually.

**Agreed by Governing Body: November 2024**

**Next Review Date: November 2025**